Ord Housing Authority 2410 K Street Ord, NE 68862 (308)728-3770 Fax (308)728-7824 TTY/TDD 1-800-833-7352 oha@ordhousing.net Hours: 8:00-4:30 M-F

After hours

Emergency Phone Numbers: Melinda (308)750-8245 Kalynn (308)730-1629

Ord Police Department (308)728-5771

Valley County Sheriff (308)728-3906

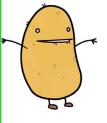
> Ord City Office (308)728-5791

HHS (308)728-3685

CNCAP (308)745-0780



The June lunch will be held on Wednesday, the 19th at noon in the Parkview Community Room. This month the buffet will be a "do it yourself" baked potato bar with many choices of toppings.



Where else can you a complete meal for only \$4.00? Hope you will be able to join us for

dining and conversation.

Whew-annual inspections are completed!

If there were repairs needed at your home and they have not been completed, maintenance will be coming to your home as soon as possible to do any needed work.



HAPPY BIRTHDAY TO EACH OF YOU CELEBRATING A SPECIAL DAY IN JUNE!!



Thank you for your cooperation at this time.

"This Institution is an Equal Opportunity Provider & Employer"

SUMMER SUN SAFETY

The sun's rays may feel good, but they're no friend to your skin. While some exposure to sunlight can be enjoyable, too much can be dangerous, causing painful sunburns or even skin cancer.

DO NOT BURN-any sunburn can increase one's lifetime risk of skin cancer **GENEROUSLY APPLY SUNSCREEN**-use minimum SPF15 but SPF30 has much more protection-apply every two hours

WEAR PROTECTIVE CLOTHING-light long-sleeved shirt and pants and wide-brimmed hat

SEEK SHADE-find shade when possible-sun's rays are strongest between 10am and 4pm

USE EXTRA CAUTION NEAR WATER/SAND-water and sand can reflect sun rays and will increase chances of sunburn

****IF YOU DO GET A BURN****

REHYDRATE-replace body fluids with water, juice or sports drinks **SOOTHE**-take a cool bath/shower or apply cold compresses



PAIN-take your normal pain relief medication as needed IF BLISTERS FORM, **DO NOT** BREAK THEM.

See your doctor if you believe it is necessary.

SAUSAGE AND BROCCOLI PASTA

8 oz rigatoni (or your favorite pasta) 1# sausage

2 cloves garlic-minced 1 onion-chopped 1/2 large red pepper-sliced

3/4c chicken stock

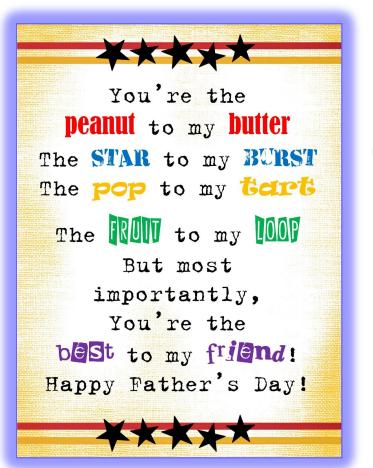
1 1/2c broccoli florets

Prepare pasta according to package directions. In hot skillet saute onions and add crumbled sausage, and cook until all pink is gone. Add garlic and stock and bring to simmer. Add broccoli and cover to steam, once broccoli is tender add pasta to pan and stir to coat the pasta evenly. Sprinkle with parmesan cheese and serve.





"I pledge allegiance to the flag of the United States of America, and to the republic for which it stands, one nation under God, indivisible, with liberty and justice for all."



NOTICE TO ALL RESIDENTS: YOU'RE INVITED



Join us for coffee and treats at 2:30, on Tuesday, June 25th in the Parkview

Community Room.

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Hope many of you will join us

for an afternoon

of conversation!







Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5 CARDS 1-4	6 TOPS 8-11	7 CARDS 1-4	8
9	10	11 BOARD MEETING NOON	12 CARDS 1-4	13 TOPS 8-11	14 CARDS 1-4	15 PV RENTED ALL DAY
16 Appy Father's D	17	18	19 LUNCH NOON	20 TOPS 8-11	21 It's SUMMER! CARDS 1-4	22
23 30	24	25 PV COFFEE 2:30	26 CARDS 1-4	27 TOPS 8-11 FOOT CARE 1-3	28 CARDS 1-4	29

Things to do in June

June 5/19	Story Time @ The Library	10:30am and 7:00pm
June 7/8	Ord City Wide Rummage Sales	
June 10	Summer Rec Program begins	728-5791
June 13/14/15	Comstock Windmill Festival	
June 14/15/16	Father's Day Rod Run	
June 21/28	Farmer's Market-downtown Ore	d
June 29	OHS Alumni Banquet	
June 29	Ord Country Run	

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